

Discipline is NOT a Dirty Word

A three-session program designed for parents, grandparents and other relative caregivers who are in a parenting role.



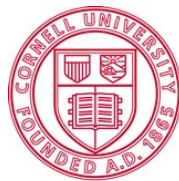
Are you a jellyfish or a brick wall?

This program will help you to understand your parenting style and the seven basic principles of positive discipline.

Learn how to guide their children's behavior and avoid temper tantrums and meltdowns.

- Dates:** Wednesdays: February 8, 15, 22, 2012
- Time:** 1:00 pm – 3:00 pm
- Location:** Family Partnership Center, 29 N. Hamilton St., Poughkeepsie
- Fee:** No charge to grandparents and other relatives raising children; \$30 fee for parents and professionals seeking continuing education (fee includes all workshops and program materials)

For more information or to register contact: (845) 677-8223, ext. 137 or nm62@cornell.edu



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Cornell Cooperative Extension Dutchess County provides equal program and employment opportunities. This program is partially funded by monies received from the County of Dutchess, Dutchess County Division of Aging, and the NYS Office of Children and Family Services. Please contact the Cornell Cooperative Extension office if you have any special needs.