



Child Care Council of Dutchess and Putnam, Inc.

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Connecting Communities and Children

“The Child Care Council of Dutchess and Putnam, Inc. works to promote affordable and quality child care, provide information and support to families, and strengthen the early childhood workforce in Dutchess and Putnam Counties.”

The Board of Directors and staff of the Child Care Council of Dutchess and Putnam, Inc. encourages input from parents, child care providers, businesses and community members on how we can more effectively meet your needs.



We're on the web!
www.childcaredutchess.org

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The Council Connection

Connecting Communities and Children

SUMMER 2016

A Message from the Director

Quality Investments for Children

I've been in the field of early care and education for nearly 35 years and it seems that for all that time we've talked about the "3 A's and the Q" – the need for Affordable, Accessible and Available Quality child care. For over 45 years, the Child Care Council of Dutchess and Putnam, Inc. has continually worked to improve and achieve those three a's and the q through various initiatives. This issue has remained a milestone for us to work toward because it benefits children, parents, child care staff, and the business community. But there is an important qualifier – **all** child care is **not** beneficial, only **QUALITY** child care is.

For the first time, a statewide initiative, **Quality Investments for Children** (QIC), has been launched to not only educate communities about the importance of Quality, but to generate new resources that support Quality, such as volunteers, grants, donations and the influence of community leaders. The first phase of QIC is the **United to Promote Quality** cam-

paign, which seeks to educate the community and raise awareness. The campaign is a partnership effort between The Early Care and Learning Council (ECLC) and the network of over 30

Child Care Resource and Referral (CCR&R) agencies that will serve as quality resource centers throughout New York State. As a CCR&R, the Child Care Council will be using the United to Promote Quality tagline and basic messages about quality early learning as we reach out to families, early learning service providers, businesses and community leaders about the importance of Quality.

Our core message is that "Quality" is high quality early learning experiences that help a child thrive. It can also be described as those events, activities, environments, relationships and factors that have a positive impact on a young child's cognitive, physical, social, and emotional



development. Quality prepares children with a foundation to succeed in school and in later life. Quality serves parents who can be more productive, dependable employees knowing their children are in safe, nurturing and stimulating early learning environments. Quality is about the future, as well as the present.

Please support the Child Care Council as we launch the **United to Promote Quality** campaign in Dutchess and Putnam Counties. When I ask for your help in raising awareness about quality – what it is and why it's important – by hanging a poster, or distributing materials, or talking to other people, please say YES!

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Hooray for you!

Contact Mary Schreiber to add great things happening in YOUR program for future publications!
 Mschreiber
 @childcaredutchess.org

Applause!

A new column about great things happening in local childcare programs.

Once Upon a Time Preschool and Day Care in Putnam Valley has developed a delightful summer curriculum. The theme is Renaissance Faire. The children are creating artwork inspired by works of Da Vinci and Michelangelo; they are creating plays, including painting backdrops and props (young Shakespeares?) and are looking forward to a (highly supervised!) demonstration of sword dancing! Creating “family shields” and crests in the art area and “cathedrals” in the block corner bring the theme into many learning areas: literacy, dramatic play, blocks, art, social studies, and math.



“What is Early Intervention and Preschool Special Education?”

(Certificates provided... OCFS Training Requirements-Child Day Care Program Development)

Presenter: Renee Falanga-Brenner



Are you concerned about your child's development?

Do you know where to find help?

Parents and child care providers are invited to a free workshop that will provide information on childhood development and the programs and services available if a delay or disability is suspected.

Wednesday August 17, 2016

6:30 PM—8:30 PM

Funshine Nursery School and Child Care Center, 208 Rockefeller Lane, Red Hook, 12572

Space is limited... register by Wednesday, August 10, 2016

by contacting the Early Childhood Direction Center (845) 565-1162, ext. 240

Bring your dinner... childcare NOT provided



New Registrar for Putnam and Dutchess

As of July 18, Jennifer Brainard joined the Child Care Council of Dutchess and Putnam staff as a Family Day Care/School Age Child Care Registrar. Jennifer will be based at the Council's Carmel office in Putnam County, but will be in the Poughkeepsie office weekly and will visit programs in both Putnam and Dutchess.

Jennifer fills the position vacated by Barbara Garbarino who served as the Putnam County Registrar for ten years with the Child Care Council of Dutchess and Putnam. Best of luck to Barbara in her new position as Community Champion for the Resilient Children/Resilient Community initiative.

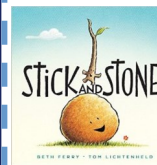
Jennifer comes to the Council with experience as a Program Coordinator for Newtown Youth and Family Services in Sandy Hook, CT, as well as being a Therapeutic Recreation Leader at Salem Hills Rehabilitation and Healthcare in Purdys, NY. Among her other previous positions, Jennifer was a Family Day Care Coordinator for the Child Care Council of Dutchess in 2002 – 2003. Jennifer resides in Carmel with her husband and three year-old daughter.

The Staff and the Board of the Child Care Council of Dutchess and Putnam are very pleased to welcome Jennifer Brainard as the Family Day Care/School Age Child Care Registrar for Putnam and Dutchess Counties.

We have updated our Putnam Office mailing address. Please mail all information to:

Child Care Council
 110 Old Route 6,
 Building #3,
 Carmel, NY 10512

Book Recommendations



Stick and Stone, Beth Ferry and Tom Lichtenheld, 2015, HMH Books for Young Readers

Preschoolers can understand and enjoy the messages in this beautiful, sweet book about kindness and friendship. The simple and clear illustrations and the rhyming couplets make the book a pleasure to read, and it might quickly become a favorite in your program.



A Show of Hands: Using Puppets with Young Children, Ingrid M. Crepeau, M. Ann Richards, 2003. Redleaf Press.

Puppets aren't just for dramatic play. Incorporating puppets into your program can help children build literacy and cooperative skills. They can help to develop curriculum themes and to enrich learning. This helpful book not only outlines the value of using puppets as teaching tools, but includes instructions for constructing and building them.

Talk and Read to Children

A Simple Way You Can Help Level the Playing Field by Mary Schreiber



By the time that children are three, there is an almost unbelievable “million-word gap” between children from the wealthiest and poorest families in the United States. (The amount of words that children hear.) A study by Hart and Risley

found that a child on welfare hears an average of 616 words an hour, a working class child hears about 1251 an hour, and a child in a professional family, about 2153 words an hour. That means that a child on welfare hears less than a third than the child in a professional family. (Hart & Risley 2003, 8).

A strong vocabulary is linked to later reading skills and abilities, and even to more general school success.

You can help children to build strong and useful vocabularies. Talk and read to the children in your care. Author Laura Colker, (NAEYC, TYC, 2014,) identifies several strategies you can implement in your work with children.

- Use new and interesting words in natural conversations.
- Use gestures and facial expressions to help children make sense of new words.
- Sing with children and recite rhymes
- Encourage children to talk with one another.
- Ask questions, make comments, and invite children to think and share their ideas.
- Read to children daily and use the illustrations to provide clues to word meanings.
- Ask children to predict the plot of the story based on the cover illustration, and to summarize the story after

you have finished reading.

- Help families understand how important it is to talk with their children and share new vocabulary words.
- Send home suggested conversation starters based on children's interests and classroom projects.
- Model animated and thoughtful conversations to the children during pick up and drop off periods.
- Advocate for equity. Make sure that all children have opportunities to learn and understand the meaning and uses of new words.

If you speak another language, congratulations! Use it! Studies have shown that being bilingual or speaking another language will not cause a language delay. In fact, having a command of two languages can be an advantage to children both scholastically and socially. (Pinto, 2016)

Remember: Talk, talk, talk! Have meaningful conversations, and talk to the children as you speak to your friends. Children won't learn words if they don't hear them.

References:
 Colker, L., 2014. “The Word Gap: The Early Years Make the Difference”, *Teaching Young Children*, Vol. 7 No. 3.
 Hart, B., & T.R. Risley. 2003. “The Early Catastrophe: The 30 Million Word Gap by Age 3.” *American Educator* 27 (1): 4–9.
http://www.huffingtonpost.com/marsha-pinto/stop-drop-and-talk-the-im_b_9307248.html



Child and Adult Care Food Program



USDA Announces New CACFP Meal Patterns



On April 22, 2016, at the annual conference of the National CACFP Sponsors Association, Agriculture Undersecretary Kevin Concannon announced strengthened nutrition standards for food and beverages served to young children and others in day care settings. Young children in day care will now receive meals with more whole grains, a greater variety of vegetables and fruits, and less added sugars and solid fats.

“Research indicates that America’s obesity problem starts young, with obesity rates in preschoolers more than doubling over the last three decades and one in eight preschoolers classified as obese” said Concannon. “Since taste preference and eating habits develop early in life, CACFP could play a crucial role in the solution.”

This is the first major revision of the CACFP meal patterns since the program’s inception in 1968 and will require meals and snacks provided through the CACFP to better reflect the Dietary

Guidelines for Americans and the nutritional issues facing young children and adults today. These changes are a meaningful first step in improving CACFP participants’ access to nutritious foods. Since the inception of CACFP, the most prevalent nutrition-related health problems among participant have shifted from malnutrition to overconsumption, including calories, saturated fats, added sugar and sodium. These vulnerable populations also tend to under consume of fiber and other essential nutrients.

The new standards were carefully designed to make significant, achievable, and cost-neutral improvements to the nutritional quality of the meals and snacks served through CACFP.

By setting an implementation date of October 1, 2017, the final rule provides ample lead time for centers and day care homes to learn and understand the new meal pattern standards before they are required to be in full compliance.

**taken from the USDA’s press release dated 4/25/2016*

Back Yard Bug Snacks

Prep Time: 10 minutes, Total Time: 10 minutes

Butterflies

Ingredients:

- celery stalks
- peanut butter
- mini pretzels
- candy eyes

Directions:

Rinse and cut your celery into 3-4 inch slices. Apply peanut butter into the middle and insert two mini pretzels. Then add two candy eyes.



Caterpillar

Ingredients:

- grapes
- wooden skewers
- candy eyes
- icing gel or edible black marker

Directions:

Rinse and dry about 20 grapes. Carefully skew the grapes. Using the icing gel, draw a smile. Then add two candy eyes.



Ladybug

Ingredients:

- crackers
- cheese
- grape tomatoes
- black olives
- candy eyes
- icing gel or edible black marker

Directions:

Use your cracker as a guide to size your cheese. Place the cheese on top of the cracker. Cut grape tomato almost in half, leaving a tiny connection at one end. Open and lay flat on the cheese. Cut a black olive in half and place upside down at top of the tomato. Place the eyes in side the black olive and add the spots with icing gel.



Family Day Care Regulations

Swimming Pool Regulations

Summer has arrived! Remember to follow all regulations related to pool use! In order to use a non-public or residential pool you must:

- Provide to the office documentation demonstrating that there will be adequate supervision of all children in care while children use the pool. (417.5(g)(3)(i))
- submit documentation acceptable to the office demonstrating that consistent, safe and adequate water quality of the pool will be maintained. (417.5(g)(3)(ii))
- submit a written pool safety plan acceptable to the office that sets forth adequate safety standards for the use of the pool. (417.5(g)(3)(iii))



(417.5(g)(4) The program must obtain prior written permission from the parent for his or her child to use the pool. Permission notes must include the following:

- Name and age of the child
- Address where the pool is located
- The depth of the pool at its deepest point
- Dates or months the child is permitted to swim in the pool
- Signature of parent and date signed

Please visit ocfs.ny.gov for further guidelines of pool use!

Transportation Regulations



Remember! Permission must be obtained when transporting children in your care! Please review all transportation regulations!

- Written consent must be obtained from the parent of the child (OCFS-6013) 417.6(a)
- Parents must be informed and agree to a transportation plan (OCFS-6020) 417.6(c)

Medication Regulations

Please become familiar with all medication forms and be sure to keep on file, if applicable.

- Written Medication Consent Form (OCFS-LDSS-7002) 417.11(f)(7)
- Verbal Medication Consent Form and Log of Administration (OCFS-LDSS-7003) 417.11(f)(7)(ii)
- Log of Medication Administration (OCFS-LDSS-7004) 417.11(9)
- Medication Error Report Form (OCFS-LDSS-7005) 417.11(f)(10)
- Individual Health Care Plan for a Child with Special Health Care Needs (OCFS-LDSS-7006) 417.11(a)(2)



Please visit childcaredutchess.org and ocfs.ny.gov for any of your child care or regulatory needs. All forms are available on the OCFS website to be printed when needed!

Child Development Associate
at
Dutchess Community College
South Campus in Wappingers
Falls!!

It has always been a challenge for staff in centers and family day care to advance on the career ladder while working. The Child Development Associate was developed to help people do just that. A two-semester course provides the 120 hours of training required for the CDA in a class that meets one evening a week, **This year, for the first time, the course will be offered at Dutchess South.** The CDA at DCC also provides individualized, on-site advisement. An early childhood specialist will come to your early childhood program or family day care home to work with you!

For more information, call Eileen Hall at DCC at 431-8346 now!! Registration for Fall 2016 is happening now and class begins on Tuesday, August 30th. Permission of Instructor is required for registration.

Training Opportunities

Training Calendar Changes!

My name is Darla Fulmer and I am the new training coordinator; Rosemarie Lawton has taken on the role as full time Infant Toddler Specialist. Some of you may already know me as a school-age registrar, Health and Safety trainer, videoconference facilitator, or a credentialed trainer for the Child Care Council of Dutchess and Putnam. I am still all of those; this is in addition to those roles.

Along with this new role, I will be making some changes to our trainings. Instead of the week-long trainings offered three times a year, we will be offering a few trainings each month, generally the first and third weeks of the month. You will be receiving a list of trainings offered four times a year, quarterly; however, the next one for this year will include

September through December 2016. With the offering of more trainings, we are looking for new trainers. We are also very interested in the topics/issues you would like to see covered in our trainings. We are looking for your feedback as to how we can make the trainings more interesting and beneficial to you as providers. Do you know of someone that might be able to share some of their knowledge and present a training? Is there a specific topic or information you have been waiting to see in a training?

We are also looking to involve you, the provider, in our trainings. Sometimes as providers, you have skills in areas that can be helpful to others, as well. Do you have a special expertise/knowledge in an area that could be useful to your fellow providers? Would you be interested/

willing to share that information in a panel discussion or co-trainer seminar?

Contact me at the email below to share your ideas. I will return your message as soon as I can. My email is dfulmer@childcaredutchess.org. I look forward to hearing from you! Remember we are here to help each other. Thank you! Have a great summer!



NYS OCFS Videoconference training

November 3, 7:00 - 9:00 PM

Addressing Challenging Behavior: The Pyramid Model in Action

Doors open at 6:30 and videoconference begins promptly at 7:00

School-Age Mini Conference

Dates to be determined.
Look for more information later in the summer!



THE COUNCIL CONNECTION

First Aid & CPR Training

National Safety Council Free Training
(518) 438-2365
www.safetycouncilny.com

American Red Cross
(845) 471-0200
www.redcross.org

American Heart Association
(845) 485-4703
www.heart.org

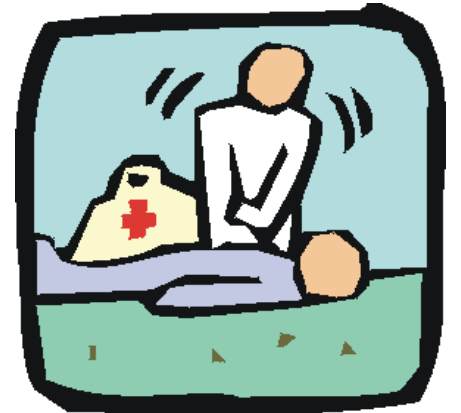
Steven Celestri
(914) 906-8364
www.SavingLivesCPR.net

David Cosmo
(845) 224-6355
www.CPRDave.com

Health Quest
(845) 475-9742
www.health-quest.org

CPR Ed
(914) 497-8998
www.cpred.com
tom@cpred.com

Debra Rhodes
(845) 838-3949



Health & Safety Training

August 2, 4, 9, 11, 16, and 18, 6:00 - 9:00 PM (Must attend ALL 6 classes):

- Successful completion of this course is required for Family Day Care and Group Family Day Care applicants prior to licensing.
- Assistants and substitutes are NOT required to take the Health & Safety Training, but may do so to complete their required training hours.
- This training can also provide a comprehensive and up-to-date review for more experienced providers.
- This course does not support Day Care Center or School Age Child Care staff.



Putnam Training

When: August 15, 6:30 - 8:30 PM

Say What You Mean and Mean What You Say: Building Effective Communication Skills

Trainer: Mary Schreiber

Location: The Children's Station, 2430 Route 6, Brewster, NY 10509

NYS School-Age Credential Program (SAC Credential)

Tuesday, August 23, 5:00 - 6:00 PM: SAC Credential Informational Meeting

Come to this informational meeting to find out about the credential course and meet the instructor!

Tuesdays from September 6 - December 13, 6:00 - 9:00 PM (a total of 11 Tuesdays):

The New York State School-Age Care Credential promotes quality services to children and families by providing specific standards, training, and evaluation of school-age staff members and providers. It is an opportunity for adults working with school-age children to gain professional recognition for demonstrating competence in their on-the-job skills.

