

# Training & Professional Development Schedule



## Welcome to the Fall 2014 Training and Professional Development Schedule!

We are trying something different this Fall!

The Fall Training Week has been replaced by a Fall Training Series this **October 6, 7, 8, 14 and 17!**

See page 8 for more details! We have also organized our training by the categories you requested most in Evaluations and Needs Assessments!

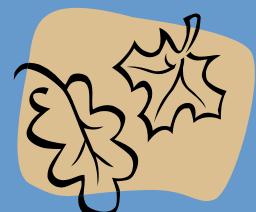
Our Training Coordinator and Infant Toddler Specialist, Rosemarie Lawton, will be on maternity leave October – early November. During this time, please dial ext. 210 with training and technical assistance questions!

Please continue to give us your feedback so we can provide the highest quality trainings possible!



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### Child Care Council of Dutchess and Putnam, Inc.

70 Overocker Road  
Poughkeepsie, NY 12601

110 Old Route 6, Building 3  
P.O. Box 1029  
Carmel, NY 10512

Phone: 845-473-4141  
Fax: 845-473-4161  
Toll Free: 888-288-4148  
E-mail: [info@childcaredutchess.org](mailto:info@childcaredutchess.org)



We're on the web!  
[www.childcaredutchess.org](http://www.childcaredutchess.org)

Find us on



"The Child Care Council of Dutchess and Putnam, Inc. works to promote affordable and quality child care, provide information and support to families, and strengthen the early childhood workforce in Dutchess and Putnam Counties."



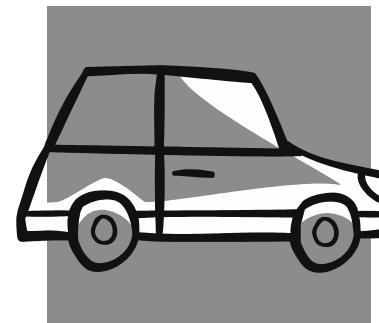


Distance Learning		
Training Title	Fee	Participant Last Name(s)
Primary Caregiving and Continuity of Care	\$15	
Planning Transitions to Prevent Challenging Behavior	\$15	
Regulations Scavenger Hunt  <b>Circle one:</b> FDC GFDC DCC SACC	\$15	
Wisdom of Play	\$15	
Child Abuse and Maltreatment	\$25	
What Every Child Care Provider Should Know About Sudden Infant Death Syndrome	\$25	
Developing a Marketing Plan	\$25	

# Driving Directions

## From Taconic Parkway Route 55 West

Drive 6.1 miles to Burnett Blvd. Turn right onto Burnett Blvd. Then make a quick right onto Overocker Road. On right hand side you will see blue and white Exit Only sign. Entrance sign "Abilities First" is a few houses beyond. We're in the first building.



## From Taconic Parkway/Route 44 West

Make a left turn onto Overocker Road (between two gas stations). Proceed past playground area on right (with long chain fence). Two houses past Earl Court make left at "Abilities First" entrance sign. We are in the first building.



## From Southern Dutchess/Route 9

After passing Beechwood Avenue on the right, bear to the right to South Avenue. Follow signs to Academy Street. Stay on Academy Street until 44/55 East (Church Street). Take Route 44/55 to where they split. Stay in left lane and take Route 44 to Burnett Blvd. (Planet Wings & K-Mart on left) Make right turn onto Burnett Blvd. Then take only left onto Overocker Road. On right hand side you will see blue and white Exit Only sign. Entrance sign "Abilities First" is a few houses beyond. We're in the first building.

## From Mid-Hudson Bridge

Take Route 44/55 (Church Street) to where they split. Stay in left lane and take Route 44 to Burnett Blvd. (Planet Wings & K-Mart on left) Make right turn onto Burnett Blvd. Then take only left onto Overocker Road. On right hand side you will see blue and white Exit Only sign. Entrance sign "Abilities First" is a few houses beyond. We're in the first building.

# Family & Group Family Day Care

**Council Cluster** **FREE!**

August 27, 2014, 6:30-8:00pm

November 20, 2014, 6:30-8:00pm

**For more information or to register**

**Contact LaRae**

(845) 473-4141 ext. 224

## First Aid/CPR Training

### Red Cross Registration

**Hotline**

1-888-522-1277

### David Cosmo

(845) 224-6355

[www.CPRDave.com](http://www.CPRDave.com)

### CPR Ed

(914) 497-8998

[www.cpred.com](http://www.cpred.com)

tom@cpred.com

### Health Quest

(845) 475-9742

[www.health-quest.org](http://www.health-quest.org)



**For more information or to register**

**Contact LaRae**

(845) 473-4141 ext. 224

## Medication Administration Training

### Training Location:

70 Overocker Road, Poughkeepsie NY 12603

August 23, 2014, 8:30-5:00pm

October 11, 2014, 8:30-5:00pm

November 22, 2014, 8:30-5:00pm

**OCFS: 2, 4, 7**

**MAT is also available in an Independent Study format!**

If you are interested in obtaining more information on  
MAT training, please call Liz Hargraves 845-473-4141 ext. 231



## Distance Learning

### Primary Caregiving and Continuity of Care

**Training time: 1 hour**

**Topic: 1 Fee: \$15**

*Because babies and toddlers learn in the context of one-on-one relationships, the most important ingredient in high quality child care is the relationship between the caregiver and the child and his or her family.*

### Planning Transitions to Prevent

#### Challenging Behaviors

**Training time: 1 hour**

**Topics: 1, 3, 4 Fee: \$15**

*Over the past decade, there has been a significant rise in the number of children in child care settings. As a result of this trend, child care providers have become more concerned about children with challenging behaviors and the effects of those behaviors on others in the classroom. This training will discuss some techniques to try to prevent some of these challenging behaviors.*

### The Wisdom of Play

**Training time: 1 hour Topic: 1 Fee: \$15**

For young children in particular, play is a fundamental mode of learning. This workshop will discuss the importance of play and what children learn from play.

### Regulations Scavenger Hunt

**Training Time: 1 hour Topic: 7, 8 Fee: \$15**

*Instead of listening to us tell you about the regulations, you get to show us how much you know in this Regulations Scavenger Hunt!*

### Child Abuse and Maltreatment Identification and Prevention

**Training time: 2 hours Topics: 6, 8 Fee: \$25**

*This workshop will cover necessary information on the subject of Child Abuse and Maltreatment and your role as a mandated reporter.*

### What Every Child Care Provider Should Know About Sudden Infant Death Syndrome

**Training Time: 2 hours Topics: 1, 2, 4, 7 Fee: \$25**

*Research on sudden unexpected infant death has led to both regulations and new recommendations about safe sleep. When you care for babies, understanding this information is important not only for your own practices, but so you can share the information with parents and other people in babies' lives.*

### Developing a Marketing Plan

**Training Time: 2 hours Topic: 5 Fee: \$25**

*Owning and operating a child care business can be a very challenging and rewarding career. Success in this field requires dedication, love, patience and business skills. This training will assist you in developing a marketing plan so that you can help your business grow and be successful.*

Fall 2014 Dutchess County Training Series				
Date	Workshop	Member	Non-Member	Participant Last Name(s)
October 6, 7, and 8, 2014 October 14 and 17, 2014	DUTCHESS Full Series	\$100	\$110	
Or circle specific dates: 10/6 10/7 10/8 10/14 10/17	DUTCHESS Training Series Individual Nights	\$20	\$25	
Dutchess County Trainings				
Date	Training Title	Location	Fee	Participant Last Name(s)
9/16	Beyond Playdough	Dutchess Office 70 Overocker Rd. Poughkeepsie	\$25	
9/29	Ask the Licensor—FDC/GFDC	Dutchess Office 70 Overocker Rd. Poughkeepsie	\$10	
11/17	Ask the Licensor—DCC/SACC	Dutchess Office 70 Overocker Rd. Poughkeepsie	\$10	
Circle date: 8/23 10/11 11/22	Medication Administration Training	Dutchess Office 70 Overocker Rd. Poughkeepsie	\$150	
Putnam County Trainings				
Date	Training Title	Location	Fee	Participant Last Name(s)
9/30	20/20 SUPER-Vision	The Children's Station 2430 U.S. 6, Brewster	\$25	
10/7	Puppets and Masks!	Kent Public Library 17 Sybil's Crossing, Kent Lakes	\$25	
11/12	Make it "POP"! Beautiful Learning Spaces	Patterson Library 1167 NY 311, Patterson	\$25	
12/9	Cuddles and Kisses: Out of the Swing and into your arms	Putnam Office 110 Old Route 6, Carmel	\$25	

## We will bring the training to you!

Now is your chance to have any training of your choice! You tell us what type of training you want and we will bring it to you!

### Frequently requested topics:

- Understanding the Common Core
- Communicating with Parents
- New and Exciting Activities
- Transitions
- Gardening with Children
- Children's Behaviors



### ACCORDING TO PROVIDERS LIKE YOU...

"I think that the on-site trainings are great with my busy schedule. I can get the hours needed and at my convenience. They are very informative and I can also make sure that my staff gets the hours they need, so we all are in compliance." Debra, GFDC, Beacon

"Trainers are informative, engaging, personable, and easily approachable when staff ask questions or want to make comments about the subject being discussed. They put forth a lot of energy in their approach and one can tell that they do their "homework" and are prepared before any presentation!" Ann, DCC, Rhinebeck

"We prefer to have our trainings on-site through the Council. The trainers show and demonstrate knowledge and experience to help bring the staff to a higher level of understanding and competency for the topic being discussed. The staff has an opportunity to build a relationship with the trainers and can benefit from that relationship better than taking an online class or video. It is through these trainings that my staff can share experiences with each other and talk about conflicts in their personal careers to resolve problems and better their individual classrooms. It is so comfortable for our staff to have trainings in our own school and our own environment. The trainings are always offering a hands on opportunity for learning experiences that really allow the staff to relate to the topics being discussed." Jennifer, DCC, Cold Spring

#### On-site Training Fees:

- 2 hours of training
- 8 or more people: \$20/person
- 5-8 people: \$150.00

Contact Rosemarie for more information:  
(845) 473-4141 ext. 217

*For You 50% off*

**LIMITED TIME OFFER!**  
Schedule your first 2 hour on-site training and receive your second 2 hour on-site training for 50% off!

Offer Expires: 12/31/14



# Mark Your Calendars!

## Putnam Early Education Partnership (PEEP) Conference

Casey Hall, Carmel High School  
30 Fair St. Carmel, NY 10512

September 20, 2014, 8:30-12:30pm

Fee: \$15

Contact Rosemarie:  
(845) 473-4141 ext. 217

## On-Line Training Opportunities

### To Register:

[smarthurizons.org/naccrra/ccdp](http://smarthurizons.org/naccrra/ccdp)



### Got Questions?

1-800-261-6248

[info@smarthurizons.org](mailto:info@smarthurizons.org)

## Parent & Provider Training

Everyday Behavior Management  
for Parents and Professionals

**Wednesday, October 29th**  
**6:30-8:30pm**

### Fee:

\$15 for Child Care Providers

\*\*Bring a parent(s) at no extra charge and receive a \$5 off coupon for Distance Learning course, *Planning Transitions to Prevent Challenging Behaviors* (one coupon per provider)

**For more information:**  
Contact LaRae at ext. 224

**Are you looking to advance in your professional career?**

**Consider National Accreditation Programs!**

**For more information visit:**  
<http://earlychildhood.org/links/programs.cfm>

# Registration Form

Name of Program

Name of Participants

Name of Participants

Address

City, State

Zip code

Phone Number

*Are you a member of the Council?*

- Yes, I'm a Member!
- I want to renew my membership
- I want to become a member!

### Child Care Provider Memberships \*

- \$75 child care centers or school age program licensed for 50 or more children (each site)
- \$50 child care centers or school age program licensed for fewer than 50 children (each site)
- \$30 family and group family child care homes
- \$25 student/CDA, SACC Credential holder/Council Food Program Participant

\*Rates based on rolling annual cycle i.e. join in March 2014, membership expires March 2015.

### Method of Payment

Total Amount Due:

Cash

Money Order

VISA

Check # \_\_\_\_\_: Make payable to Child Care

Master Card

Council of Dutchess and Putnam

Discover

Credit Card#

Exp. date

3 digit code



Name on the Card

Signature

Today's Date



# Appropriate Activities

Tuesday, September 16, 2014, 6:30-8:30pm

## Beyond Playdough

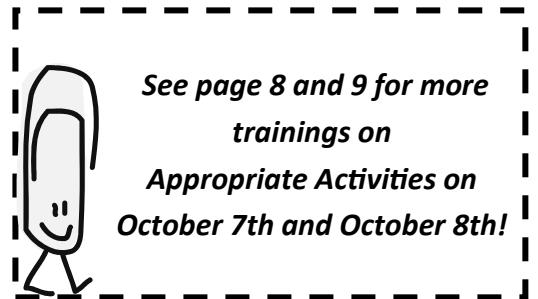
**Trainer:** Arlene Rider, PhD

**Location:** Dutchess Office, 70 Overocker Rd.

Poughkeepsie

**OCFS:** 1, 3    **CDA:** 3    **CBK:** 4

*This workshop will provide many ideas for sensory exploration along with understanding the value of sensory experiences for all age children!*



# Regulations *ONLY \$10!*

Monday, September 29, 2014, 6:30-8:30pm

## Ask The Licensor - Family and Group Family Day Care Regulations Q&A

**Trainer:** Registrars & SVRO Licensing

Supervisor

**Location:** Dutchess Office,  
70 Overocker Rd. Poughkeepsie

**OCFS:** 7    **CDA:** 12    **CBK:** 7

*Family and Group Family Day Care Providers are invited to bring their regulation questions for discussion with Registrars and an OCFS Licensing Supervisor.*

Monday, November 17, 2014, 6:30-8:30pm

## Ask The Licensor - Day Care Center and School Age Child Care Regulations Q&A

**Trainer:** Registrars & SVRO Licensing

Supervisor

**Location:** Dutchess Office,  
70 Overocker Rd. Poughkeepsie

**OCFS:** 7    **CDA:** 12    **CBK:** 7

*Day Care Center and School Age Child Care. Providers are invited to bring their regulation questions for discussion with Registrars and an OCFS Licensing Supervisor.*

**Facebook, Twitter, LinkedIn, OH MY!**

**How do I Maintain Confidentiality and Professionalism in the Social Media World?**

By Arlene Rider, PhD.

The Internet has created the ability for anyone to communicate and share information quickly and to reach millions of people easily. Participating in social networking and other similar Internet opportunities can enable early childhood professionals to have a professional presence online, foster camaraderie within the early childhood profession, and provide opportunity to widely distribute appropriate practice and other relevant communication. Social networks, blogs, and other forms of communication online also create new challenges to the provider-family relationship. Child Care Providers should weigh a number of considerations when maintaining a presence online.

For example, Child Care Providers should be cognizant of the ethical standards of parent and family privacy and confidentiality that must be maintained in all environments, including online, and should refrain from posting identifiable parent/child information and photographs online.

In addition, when using the Internet for social networking, Child Care Providers should use privacy settings to safeguard personal information and content to the extent possible, but should realize that privacy settings are not absolute and that once on the Internet, content is likely there permanently.

Further, if they interact with parents and families on the Internet, Child Care Providers must maintain appropriate boundaries of the provider-family relationship in accordance with our professional ethical guidelines, just as they would in any other context.

To learn more and to create a social media policy for your program, register for the **“Facebook, Twitter, LinkedIn, OH MY! How do I Maintain Confidentiality and Professionalism in the Social Media World?”** training on Friday, October 17, 2014 from 6:30-9:30pm.



# Training Topic Key

## **OCFS TOPICS KEY:**

1. Principles of Early Childhood Development \* 2. Nutrition and Health Needs of Children \* 3. Child Day Care Program Development \* 4. Safety and Security Procedures \* 5. Business Record Maintenance and Management \* 6. Child Abuse and Maltreatment Identification and Prevention \* 7. Statutes and Regulations Pertaining to Child Day Care \* 8. Statutes and Regulations Pertaining to Child Abuse and Maltreatment \* 9. The Education and Information on the Identification, Diagnosis, and Prevention of Shaken Baby Syndrome

## **CDA FUNCTION AREAS:**

1. Safe \* 2. Healthy \* 3. Learning Environments \* 4. Physical, \* 5. Cognitive \* 6. Communication \* 7. Creative \* 8. Self \* 9. Social \* 10. Guidance \* 11. Families \*.Program management \* 13. Professionalism

## **CORE BODY OF KNOWLEDGE (CBK) KEY:**

1. Child Growth and Development \* 2. Family and Community Relationships \* 3. Observation and Assessment \* 4. Environment and Curriculum \* 5. Health, Safety and Nutrition \* 6. Professionalism and Leadership \* 7. Administration and Management

15 hours of  
training!

# Fall Training Series

Dutchess Office, 70 Overocker Rd. Poughkeepsie

Minimum Enrollment: 10 Maximum Enrollment: 25

Monday, October 6, 2014, 6:30-9:30pm

Building Healthy Habits

Trainer: Ozie Williams

OCFS: 2 CDA: 2 CBK: 5

*This program will educate caregivers on the importance of healthy eating habits and the nutritional needs of children from birth to five.*

Tuesday, October 7, 2014, 6:30-9:30pm

Ability Awareness: Building a Responsive Environment

Trainer: Renee Falanga Brenner

OCFS: 1, 3 CDA: 13 CBK: 1, 6

*This training is designed to assist teachers to work with all children especially those who demonstrate atypical behaviors and/or have special needs.*

*Universal Design for Learning will be introduced and strategies to adapt and modify the curriculum, environment, materials and play activities to include all children will be provided. This training will also provide a brief overview of two Federal Laws: the Individual with Disabilities Act (IDEA) and the Americans with Disability Act (ADA) and how it pertains to child care providers. Bring questions!*

Wednesday, October 8, 2014, 6:30-9:30pm

Expanding Children's Books into Curriculum

Trainer: Arlene Rider, PhD

OCFS: 3 CDA: 3 CBK: 4

*This workshop will look at the literacy needs of children, and discuss how to select & provide appropriate literature for young children. Discussion will also include enhancing story time with puppets, flannel boards & activities, becoming familiar with quality book lists and incorporating children's literature into many learning activities.*

All 9 OCFS  
Topic Areas

Tuesday, October 14, 2014, 6:30-9:30pm

Part 1: Control the Climate, Not the Child

Trainer: Darla Fulmer

OCFS: 1, 3 CDA: 10 CBK: 1

*During a typical day, you may face several incidences of "mistaken" or "challenging" behaviors. In this workshop, we will explore and discuss why they may be occurring and what you can do to decrease them.*

Part 2: Child Abuse and Maltreatment

Trainer: Darla Fulmer

OCFS: 6, 8, 9 CDA: 1, 2 CBK: 3, 5, 7

*This training will discuss your role as a mandated reporter, recognizing abuse and maltreatment and preventing shaken baby syndrome.*

Friday, October 17, 2014, 6:30-9:30pm

Facebook, Twitter, LinkedIn, OH MY! How do I Maintain Confidentiality and Professionalism in the Social Media World?

Trainer: Arlene Rider, PhD

OCFS: 4, 5, 7 CDA: 12, 13 CBK: 6, 7

*This workshop explore ethics in child care with regard to maintaining professionalism and confidentiality. Providers will discuss ways in which ethical responsibilities to children, family and community are maintained. Discussion will also take place regarding the ever growing social media and how professionalism and confidentiality need to be maintained in this social venue. Participants will create a social media policy for their programs.*

# Putnam Trainings

Tuesday, September 30, 2014, 6:30-9:30pm

20/20 SUPER-Vision

Trainer: Mary Schreiber

Location: The Children's Station, 2430 U.S. 6, Brewster

OCFS: 3, 4, 7 CDA: 1 CBK: 7

*Child Care Providers have high risk jobs. We will review our strategies for keeping children safe and look for "chinks in the armor". Real life stories from the current headline news will be discussed, the NYS OCFS Regulations about supervision will be reviewed, and all participants will be given checklists and assessment forms that can be used to assess their programs.*

Tuesday, October 7, 2014, 5:45-7:45pm

Puppets and Masks!

Trainer: Mary Schreiber

Location: Kent Public Library, 17 Sybil's Crossing, Kent Lakes

OCFS: 1, 3 CDA: 3 CBK: 4

  
*Get ready for Halloween by learning how to construct simple masks and puppets with children. Puppet theater combines art, literacy, and drama. Learn how*

*children in your program can have fun from putting on a show. Everyone will go home with a puppet, a mask, and ideas for acting out stories.*

Wednesday, November 12, 2014,

6:00-8:00pm

Make it "POP"! Beautiful Learning Spaces

Trainer: Mary Schreiber

Location: Patterson Library, 1167 NY 311, Patterson

OCFS: 3, 4 CDA: 3 CBK: 4

*Your child care environment is "another teacher". Even if your space is small or otherwise limited, you will learn helpful tips that can help you get the most out of the space that you have, and guide you as you create a fun and organized program. Participants can bring photographs of their spaces for critique and discussion. Laminated floor plan templates will be given to all participants for "virtual" experimentation with various designs.*

Tuesday, December 9, 2014, 6:30-8:30pm

Cuddles and Kisses: Out of the Swing and into Your Arms

Trainer: Mary Schreiber

Location: Putnam Office, 110 Old Route 6, Carmel

OCFS: 1, 2, 9 CDA: 8, 9 CBK: 1

*In our efforts to promote enriching programs that focus on "academics", we may lose sight of the fact that infants need cuddling and kisses more than counting and the ABCs!*

*Informational brochures which you can provide to the families of the children in your care will be distributed.*